

# 2009 Edina Boys Cross Country Team Calendar

## August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>Captain's Practice</b> 10:00am @ Hyland
2	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ Harriet Bandshell	<b>Captain's Practice</b> 10:00am @ Hyland
9	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ ECC	<b>Captain's Practice</b> 9:00am @ Harriet Bandshell	<b>Captain's Practice</b> 10:00am @ Hyland
16	<b>First Official Practice</b> 6:00pm @ ECC for ALL <b>Varsity and "hopefuls"</b> 7:30am @ Hyland	<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ ECC 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 3:00-4:30pm @ ECC 9-12: 3:00-4:30pm @ ECC Vars: 3:00-4:30pm @ ECC 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ ECC 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 7:30-8:30am @ ECC 9-12: 7:30-8:30am @ ECC Vars: 7:30-9:00am @ ECC	<b>Alumni Race</b> @ Pamela Park <b>Report @ 8:00</b>
23	<b>Practice</b> MS: 6:00-7:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ ECC 7:30am @ Hyland for Varsity	<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ Hyland 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ ECC 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-8:00pm @ Hyland 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 7:30-8:30am @ ECC 9-12: 7:30-8:30am @ ECC Vars: 7:30-9:00am @ ECC	<b>Practice</b> MS: 9:00am @ Hyland 9-12: 9:00am @ Hyland Vars: 9:00am @ Hyland
30	<b>Practice</b> MS: 4:30-6:30pm @ ECC 9-12: 4:30-6:30pm @ ECC Vars: 4:30-6:30pm @ ECC 7:30am @ Hyland for Varsity					
	<b>Team Pictures</b>					

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Practice</b> MS: 5:00-6:00pm @ ECC 9-12: 6:00-7:30pm @ ECC Vars: 6:00-7:30pm @ Hyland 7:30am @ ECC for all 9-12	<b>Practice</b> MS: 3:30-4:30pm @ ECC 9-12: 3:30-4:30pm @ ECC Vars: 3:00-4:30pm @ ECC 7:30am @ ECC for all 9-12	<b>Matterhorn Invite</b> (JV and MS)	<b>Practice</b> MS: 7:30-8:30am @ ECC 9-12: 7:30-8:30am @ ECC Vars: Travel to Iowa	<b>Pleasant Valley Invitational</b> (top 14)
6	<b>Practice</b> MS: 6:00pm @ Hyland 9-12: 6:00pm @ Hyland Vars: 6:00pm @ Hyland	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: Travel to Souix Falls	<b>Hopkins Invitational</b> (JV and MS) <b>NXN Heartland Preview</b> (top 7-14)
13	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45 @ ECC (to Hyland) 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC 6:45am @ ECC for Varsity	<b>Lakeville Applejack Invitational</b> (ALL)	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC	<b>Practice</b> MS: 8:30am @ Hyland 9-12: 8:30am @ Hyland Vars: 8:30am @ Hyland
20	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45 @ ECC (to Hyland) 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:00 @ ECC Vars: 3:45-5:30 @ ECC	<b>Mustang Invite</b> (JV and MS) Vars: To Griak Course	<b>Griak Invitational</b> (top 10) others: Practice - ECC @ 9am
27	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45 @ ECC (to Hyland) 6:45am @ ECC for Varsity	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC	<b>Practice</b> MS: 3:00-4:00 @ ECC 9-12: 3:45-5:30 @ ECC Vars: 3:45-5:30 @ ECC 6:45am @ ECC for Varsity	<b>Pot Luck</b>		

# October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>Practice</b>	<b>Practice</b>	<b>Practice</b>
				MS: 3:00-4:00 @ ECC	MS: 3:00-4:00 @ ECC	MS: 9:00am @ Hyland
				9-12: 3:45-5:00 @ ECC	9-12: 3:45-5:30 @ ECC	9-12: 9:00am @ Hyland
				Vars: 3:45-5:30 @ ECC	Top 10: Mile TT @ Minnetonka (Prior to Edina/Tonka FB)	Vars: 9:00am @ Hyland
				1	2	3
	<b>Practice</b>	<b>Practice</b>	<b>Practice</b>	<b>Tonka Invite</b> <i>MS Only</i>	<b>Practice</b>	<b>Practice</b>
	MS: 3:00-4:00 @ ECC	MS: 3:00-4:00 @ ECC	MS: 3:00-4:00 @ ECC		MS: 3:00-4:00 @ ECC	MS: 9:00am @ ECC
	9-12: 3:45-5:00 @ ECC	9-12: 3:45-5:30 @ ECC	9-12: 3:45-5:30 @ ECC	9-12: 3:45-5:30 @ ECC	9-12: 3:45-5:30 @ ECC	9-12: 9:00am @ ECC
	Vars: 3:45-5:00 @ ECC	Vars: 3:45-5:30 @ ECC	Vars: 6:45-8:30pm @ ECC	Vars: 3:45-5:30 @ ECC	Vars: 3:45-5:30 @ ECC	Vars: TBD
4	Pot Luck	5	6	7	8	9
	<b>Joe Ross Invite</b> <i>MS Only</i>	<b>Classic Lake Championship</b> <i>(All 9-12)</i>  No practice for MS	<b>Practice</b>	<b>Practice</b>	<b>Practice</b>	<b>Practice</b>
	9-12: 3:45-5:00 @ ECC		MS: 3:00-4:00 @ ECC	MS: 4:00-5:00 @ ECC	MS: 4:00-5:30 @ ECC	MS: 9:00am @ Hyland
	Vars: 3:45-5:00 @ ECC		9-12: 3:45-5:30 @ ECC	9-12: 4:00-5:30 @ ECC	9-12: 4:00-5:30 @ ECC	9-12: 9:00am @ Hyland
11	Pot Luck	12	13	14	15	16
				<b>Edina MS Invite</b> <i>MS Only</i>	<b>Practice</b>	<b>Practice</b>
				9-12: 3:30-5:30 @ EHS	MS: 3:00-4:00 @ ECC	MS: 3:00-4:00 @ ECC
				Vars: 3:30-5:30 @ EHS	9-12: 3:45-5:30 @ ECC	9-12: 3:45-5:30 @ ECC
18	Pot Luck	19	20	21	22	23
	<b>Grade Levels</b> <i>(JV 9-12)</i>	<b>MS Champ @ Edina</b> <i>MS Only</i>	<b>Section 6AA</b> <i>Varsity</i>	<b>Practice (uniform turn in)</b>	<b>Practice</b>	<b>Practice</b>
	MS: 3:00-4:00 @ ECC	9-12: 3:45-5:00 @ ECC		MS: 3:00-4:00 @ ECC	(optional for non varsity)	(optional for non varsity)
	9-12: 3:45-5:00 @ ECC	Vars: 3:45-5:00 @ ECC	No Practice for others	9-12: 3:45-5:30 @ ECC	3:45-5:30 @ ECC	9:00am @ Hyland
	Vars: To meet for workout			Vars: 3:45-5:30 @ ECC		
25	26	27	28	29	30	31

# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Practice</b> <i>(optional for non varsity)</i>	<b>Practice</b> <i>(optional for non varsity)</i>	<b>Practice</b> <i>(optional for non varsity)</i>	<b>Practice</b> <i>(optional for non varsity)</i>	<b>Practice</b> <i>Varsity to St Olaf Course</i>	<b>State Meet</b>
1	2	3	4	5	6	7
	<b>Edina XC Club Practice</b> 3:45-5:30 @ ECC	<b>Edina XC Club Practice</b> 3:45-5:30 @ ECC	<b>Edina XC Club Practice</b> 3:45-5:30 @ ECC	<b>Edina XC Club Practice</b> 3:45-5:30 @ ECC		<b>NXN Heartland Championship</b> <i>(EDINA XC CLUB)</i>
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					